

Kinematics :

$$v_B = r\omega \quad \text{because there is no slip}$$

$$\Rightarrow \omega_1 = \frac{2}{0.2} = 10 \text{ rad/s}$$

$$\Rightarrow \omega_2 = 5 v_{B2}$$

Substitute in ...

$$(0.40)(10) + (0.6)\underline{T} = (2.0)v_{B2} \quad \textcircled{A}$$

$$-6\underbrace{(2)}_{12} + 3\underbrace{T}_{T} - 176.58 = -6 v_{B2}$$

Tidying up \Rightarrow 2 simultaneous Eqs.

$$4 + 0.6T = 2.0 v_{B2}$$

$$\underbrace{-182.78 + 3T}_{4} = -6 v_{B2}$$

Solve for v_{B2}

$$\Rightarrow \underline{v_{B2} \approx 13.0 \text{ m/s}}$$

Solution II

we can also consider block, cord

and disk all at once ...